Heart Havens Month
2026 Communication Resources

You are welcome to adapt these resources to use at other times of year and to include information about your planned church giving opportunities.
If you have any questions, please contact Sara Becker at the Heart Havens main office by calling 804-463-1741.

For your newsletter or e-blast:

February is Heart Havens Month! Throughout this month, our church is invited to support Heart Havens as they work to open a new group home for men with developmental disabilities in Virginia Beach. Founded in partnership with the United Methodist Church, Heart Havens provides safe, loving homes where individuals can live with dignity, independence, and joy. Through our prayers, generosity, and shared compassion, we can help create a place of belonging and opportunity for men who deserve a home of their own.

Heart Havens is a Virginia Conference Advance Special mission and our goal is to empower adults with a developmental disability to live and thrive in their community. We do not receive apportionments. Please donate today to support Heart Havens opening a new home for people with disabilities. Visit www.hearthavens.org.

For your bulletin:

February is Heart Havens Month! Our church is invited to support Heart Havens as they open a new group home for men with developmental disabilities in Virginia Beach. Through our prayers and generosity, we can help create a place of dignity, independence, and belonging.

For your event or Sunday worship:

Heart Havens would be happy to provide a virtual speaker for your event or at your worship service. For more information, please fill out this form and someone from our office will contact you.

For your social media:

/heart.havens @HeartHavens /hearthavens

Please pair these messages with one of our shareable images available for download. When posting about Heart Havens, please be sure to tag us! We also have videos available on our YouTube channel that you are welcome to link to.

Suggested Facebook posts:

February is Heart Havens Month! Learn more about this wonderful opportunity to show support for adults with a developmental disability here: www.hearthavens.org

Heart Havens Month 2026:– Our community can empower people with disabilities to feel accomplished, give back, be creative, explore their community, make friends, celebrate and have fun. Please help Heart Havens continue empowering adults with a developmental disability by making a donation - contact the church office or visit www.hearthavens.org for more information.

Watch this 5 minute video to learn more about Heart Havens and be sure to support them during Heart Havens Month! View the 10 minute version: https://youtu.be/RAFBjeJ-KoU

Suggested X Posts:

February is @HeartHavens Month! Learn more about how to get involved here: https://hearthavens.org/about-us/worship-resources/ #HHMonth2026 #vaumc @VAUMC

Help @HeartHavens empower people a developmental disability. https://hearthavens.org/about-us/worship-resources/ #HHMonth2026 #vaumc @VAUMC

Suggested Instagram Posts:

Help @hearthavens empower people a developmental disability. Learn more at the link their bio.

February is @hearthavens Month! We join with Heart Havens in believing that people with a disability should be empowered and supported to be a member of our community and treated with kindness and respect. Learn more at the link their bio.